

**Journeys of Discovery**  
with  
**Mary Hykel Hunt**  
**2010**

# Workshop and Reading Day Calendar 2010

## January

7 - New Year Reading Day Coburns Somerset  
9 - Make it Your Year! Somerset  
15 - Reading Day - Essex  
16/17 - Be ColourWise 3 Essex  
18 - Reading Day - Essex  
23 - How to do Psychic Readings Somerset  
30/31 - Be ColourWise 3 - Bedford

## February

1 - Reading Day - Bedford  
6/7 - Brian Parsons Energy Astrology Devon  
13 - Path Working Somerset  
16 - 21st Century Intuition 2 Scotland  
17 - Living by the Moon 1 - Scotland  
18 - Reading Day - Scotland  
20/21 - Living by Numbers 1 - Scotland  
22 - Reading Day - Scotland  
27 - Path Working Yorks  
28 - Intro to 21st Century Intuition - Yorks

## March

1 - Reading Day - Yorks  
3/4 - Living by Numbers 2 - Yorks  
13 - Path Working Somerset  
20/21 - Living by Numbers 4 - Somerset  
27 - Path Working Yorks  
28 - Working with Angels - Yorks  
29 - Reading Day - Yorks

## April

10 - Path Working Somerset  
11 - Living by the Moon 1 - Somerset  
16 - Reading Day - Essex  
17/18 - Living by the Moon 1 - Essex  
19 - Reading Day - Essex  
24 - Path Working Yorkshire  
25 - 21st Century Intuition 1 - Yorks  
26 - Reading Day - Yorks

## May

1 May - Kanti's Sound Workshop Somerset  
8 - Path Working Somerset  
11 - 21st Century Intuition 3 - Scotland  
12 - Living by the Moon 2 - Scotland  
13 - Reading Day - Scotland  
15/16 - Living by Numbers 2 - Scotland  
17 - Reading Day - Scotland  
22 - Path Working Yorks  
23 - 21st Century Intuition 2 - Yorks  
24 - Reading Day - Yorks  
26/27 - Living with Numbers 3 - Yorks

## June

6 - Path Working Somerset  
12/13 - Living by Numbers 5 - Somerset  
19 - Path Working Yorks  
20 - 21st Century Intuition 3 Yorks

## July

3 - Living by the Moon 2 Somerset  
10 - Path Working Somerset  
14/15 - Living by Numbers 4 Yorks  
17 - Path Working Yorks  
18 - Living by the Moon 1 Yorks  
19 - Reading Day - Yorks  
27/28 - Be ColourWise Intro - Scotland  
29 - Reading Day - Scotland  
31 Jul/1 Aug - Living by Numbers 3 Scotland

## August

31 Jul/1 Aug - Living by Numbers 3 Scotland  
2 - Reading Day - Scotland  
7 - Path Working Somerset  
21 - Path Working Yorks  
22 - Living by the Moon 2 - Yorks  
23 - Reading Day - Yorks

## September

4 - Numerology 6 - Somerset  
11 - Path Working Somerset  
18 - Path Working Yorks  
19 - Manifesting Day - Yorks

## October

9 - Path Working 30 Somerset  
12/13 - Tree of Angels - Scotland  
14 - Reading Day - Scotland  
16/17 - Living by Numbers 4 - Scotland  
18 - Reading Day - Scotland  
23 - Path Working Yorks  
24 - Taking the Terror out of Tarot 1 - Yorks  
25 - Reading Day - Yorks

## November

5 - Reading Day Essex  
6/7 - Taking the Terror out of Tarot - Essex  
13 - Path Working Somerset  
27 - Path Working Yorks  
28 - Taking the Terror out of Tarot 2 - Yorks  
29 - Reading Day - Yorks

## December

4 - Living by Numbers 7 - Somerset  
11/12 - Path Working Somerset  
18 - Path Working Yorks  
19 - A Yorkshire Solstice

*Please check with Mary or o her website, as dates and workshops are likely to be added during the year - this programme is printed In November the year before!*

*Dates for Consultation sessions in Devon are not shown here, as they're on-going - it's where I live!*

## WELCOME TO JOURNEYS OF DISCOVERY 2010

Phew! So that was 2009.

I've begun to think of it as The Chrysalis Year - a time of intense transformation. So often, the butterfly is used as a symbol of change, but that's the end product. The real change takes place inside that chrysalis. I do wonder what the caterpillar feels, when everything it was suddenly goes into a process of massive change. Does it know, somewhere deep down in its caterpillar psyche, what it's going to become? I doubt it. But, somewhere in that caterpillar psyche, it just knows to go with the process. It's unlikely to undergo existentialist angst about where it's been and where it's going. It just gets on with it.

Not so we humans. Oh no, we've got to make a right ding-dong over it. Denial, refusal, blindness - we've a clever set of tools to practise avoidance of change with. Which is a shame, since Pluto is still going to be rumbling through Capricorn this coming year, and that still means change - in how we earn and spend our money, how we do politics, how we run our society and its big institutions. So I wonder how we're going to deal with 2010?

With relief, I can tell you that, numerologically, it's a Universal Year 3, which brings with it joy, enthusiasm and creativity - all of which we sure can use, after the demands of 2009.

And I think this lighter energy is already on its way. I sense a change. It may seem surprising, but as I write this (early November 09), I've begun to tap into a sense of universal joy that seems to have been absent for a while, or, at least, has been struggling to make its presence felt through all the fear-ridden events of the last 18 months. And I find myself wondering whether this is the herald of better things to come. A waking up, an opening up to different ways of doing and being.

Sounds like a good way to go into the New Year -  
and I hope to see you sometime during it!

**MARY**

### MAKE IT YOUR YEAR!

**9 January 2010 Somerset - £45**

This one-off one-day course is deliberately set for just after New Year, because it's designed to help you make 2010 more of the year you want it to be.

Mary will help you define what you want from the following next twelve months, and then, employing Manifesting techniques she's been teaching for over a decade, help you set things in motion, showing you how to draw your desires and wishes towards you.

So what do YOU want for 2010? And how can you give yourself a chance of bringing them about? Answers to these questions await you on Saturday 9 January 2010!

See you then!

### HOW TO DO PSYCHIC READINGS

**23 January 2010 Somerset - £45**

A simple course that shows you how to how to do readings for others, using a variety of methods

We look at the basic principles behind doing readings, examine techniques for connecting with your intuition and then try it all out with a number of different tools

Be ready to surprise yourself at what you can do!

**Book directly with Mary using the booking form enclosed or call her on 01404 45262 or email [maryh2@btopenworld.com](mailto:maryh2@btopenworld.com)**

## WORKSHOPS 2010

### TwentyFirst Century Intuition

#### Scotland

Part 2 - 16 Feb  
Part 3 - 11 May

Book with Alison on  
01334 473297  
**Fee £45 per day**

#### Yorkshire - Kirkbymoorside

Intro - 28 Feb  
Part 1 - 25 April  
Part 2 - 23 May  
Part 3 - 20 June

Book with Ali at  
Natural Balances on  
01751 433180  
**Fee on application**

**Everyone** is intuitive and can learn how to use it. I often describe it as your on-board sat-nav - only more accurate than the one in the car...

It's a sense like any other, just as important and useful as our eyesight or our hearing. And we're meant to use it like our other senses, too - on a daily basis.

Throughout this course, Mary works with you to uncover your own unique intuitive language and show you how to develop it and use it on a day-to-day basis, in your personal life and in your work.

Give yourself the edge - use your intuition!

Book with the agent for your area (see details alongside)  
Or contact Mary direct  
on 01404 45262

Or Email: maryh2@btopenworld.com

### Living by the Moon

#### Scotland

Living by the Moon 1 - 17 Feb  
Living by the Moon 2 - 12 May

Book with Alison on  
01334 473297  
**£45 a day**  
**£85 if booked together**

Essex  
Living by the Moon 1 & 2  
17/18 April  
Contact Sam on  
01376 571574  
**£85**

#### Yorkshire

Living by the Moon 1 - 18 July  
Living by the Moon 2 - 22 Aug

Book with Ali at  
Natural Balances on  
01751 433180  
Fee on application

#### Bedford

Dates to be confirmed  
Contact Kanti on 07837  
186370

#### Somerset/Devon

Living by the Moon 1- 11 April  
Living by the Moon 2- 13 June

**£45 a day**  
**£85 if booked together**  
Call Mary on  
01404 45262 or  
Email: maryh2@btopenworld.  
com

The Moon has a greater impact on us than most of us realise.

Not just the Full Moon, when A & E departments, police and midwives know to have extra staff on duty, but **everyday** Moons can and do influence us in many ways.

And we can make use of these influences. Whether it's money matters or matrimony, building or gardening, cleaning windows or creating a baby, there's a good Moon Time to do it in, as this two-day course demonstrates!

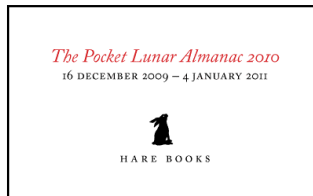
A must for all those drawn by the Moon - so come and join our Moon Clubs!

*"Fascinating stuff - and it works ..."*

*"Before I plan anything now, I always check my little Moon Calendar ..."*

Pocket Moon Almanacs available from Mary for £2.50  
plus £1 P & P

Contact her on 01404 45262 or  
Email: maryh2@btopenworld.com



## WORKSHOPS 2010

### Living with Numbers

#### Scotland

LwN 1 - 20/21 Feb  
LwN 2 - 15/16 May  
LwN 3 - 31 Jul/1 Aug  
LwN 4 - 16/17 Oct

Book with Alison on  
01334  
with **Sam** on  
**01376 571574**

#### Somerset/Devon

LwN 4 - 20/21 March  
LwN 5 - 12/13 June  
LwN 6 - 4/5 Sept  
LwN 7 - 4/5/ Dec

*Fee for all above: £85 per week-  
end. 10% discount if courses  
paid for up front  
Book with Mary  
on 01404 45262*

### Yorks - Kirkbymoorside

LwN 2 - 3/4 March  
LwN 3 - 26/27 May  
LwN 4 - 14/15 Jul

Book with Ali at  
Natural Balances on  
01751 433180  
*Fee on application*

### THIS COURSE HAS NOTHING TO DO WITH MATHS!

Forget counting - **Living with Numbers** focuses on the hidden meanings of numbers, and is designed to introduce you to the various **magical** ways of using numbers in your daily life

Practical as well as fascinating, this course will cover Numerology, Sacred Geometry, Magical Squares and Gematria - an ancient form of code-cracking!

Fun, enlightening and easy to understand, this course also develops your intuition, as you look behind the numbers and sense what they're about. And you don't need to be good at maths - if you can count on your fingers and your toes, you can do this course!

*"Uncannily accurate"*

### DISTANCE LEARNING

This course will be available as a distance learning course in 2010.

Likely structure will be 10 modules, with tutor support provided. It's intended to make these modules available as hard copy modules which will be posted to the student, as well as down-loadable files via your computer

Please contact Mary for further details  
On 01404 45262  
Or email her on  
maryh2@btoopenworld.com

### Living with Angels

### Yorks - Kirkbymoorside

28 March

Book with Ali at  
Natural Balances on  
01751 433180

*Fee on application*



Angels are more than the stuff of myth and legend. They're real living entities, whose role it is to help and guide us in our everyday lives.

This workshop explores ways we can connect with that help. We'll meet real, intelligent beings, who will offer robust and sensible advice. No candy floss angels here!

Once you've made the connection, how will you use it? As part of our exploration of that question, Mary will show you how to do angel readings for yourself and others - original methods not available elsewhere.

### DISTANCE LEARNING

This course will be available as a distance learning course in 2010. Please contact Mary for further details

Likely structure will be a 3-part module, with tutor support provided. It's intended to make this available as hard copy modules which will be posted to the student, as well as down-loadable files via your computer

Contact Mary as above

## WORKSHOPS 2010

### Manifesting Days

**Yorks - Kirkbymoorside**  
19 September

Book with Ali at  
Natural Balances on  
01751 433180

*Fee on application*

I've been teaching the principles of Manifestation - the art of creating what you need - for many years now, but now, with so much financial fear around, I think they're needed more than ever before.

So I've decided to offer **Manifesting Days** - single days when you'll be taught some powerful techniques for making things happen, which I'll help you apply to the specific things you want to make manifest.

Whether it's a new job, selling your house, manifesting money, making your business work, bring your issue along and let's start making it happen.

*"This really works!"*

*"I got the house of my dreams using Mary's techniques..."*

### Tree of Angels Scotland

12/13 October

Book with Alison on  
01334 473297

**Fee £85**

A two-day course, this interactive workshop introduces the central symbol of Qaballistic lore, the Tree of Life, and its 10 Archangels.

As well as being designed to help you work more deeply with these angelic beings, (who do pack some punch, let me tell you), it also introduces you to the philosophy and wisdom of the real Qaballah. This powerful workshop can then lead on to the spiritual development course known as Path Working.

And despite its serious side, this course is a lot of fun!

### Taking the Terror out of Tarot

**Yorks - Kirkbymoorside**

Tarot 1 - 24 Oct  
Tarot 2 - 28 Nov

Book with Ali at  
Natural Balances on  
01751 433180  
*Fee on application*

#### **Essex**

Tarot 1 & 2  
6/7 November

Contact Sam on  
01376 571574  
£85

Most people's response to Tarot is one of fear and superstition, which is a shame, because in reality, the Tarot is a highly effective way of accessing guidance and advice - from yourself.

Even Christian theologians and ministers are currently working with the Tarot and discovering its effectiveness as a counselling tool for emotional healing and guidance.

Working with two well-known decks, these courses are designed to dispel the undeservedly scary reputation that typically attaches to the Tarot and to introduce it in its true light, - which has a great deal more to do with spirituality and psychology than sorcery!

Once you know what you're working with, you'll never look back.

*"Changed my life .... I'm now working as a professional Tarot consultant!"*

*"I use it regularly, to check out decisions and gain deeper insights ...."*

## CONTINUING COURSES

### Path Working

#### Somerset

13 Feb 13 Mar  
10 Apr 8 May  
6 Jun 10 Jul  
7 Aug 11 Sept  
9 Oct 13 Nov  
11 & 12 Dec

#### Yorkshire

27 Feb 27 Mar  
24 Apr 22 May  
19 Jun 17 Jul  
21 Aug 18 Sept  
23 Oct 27 Nov  
18 Dec

Fee £42 per day

10% discount if paid in full at outset.

Path Working has been designed to meet specific requests from people wanting to take their spiritual development further.

Working with the central symbol of the Qaballah, the Tree of Life, Path Working allows us to explore how we can apply ancient spiritual principles in our daily lives, offering real possibilities of **spiritual development** - without necessitating commitment to any particular religion.

The result is a religionless spirituality

You just commit to attending one day a month for a year

There must be something in it, as the group in the South West is about to enter its *fourth* year, and the dedicated group in Yorkshire is still keen to continue, despite having their second year disrupted by my ill health!!

*What has stood out for me the strongest has been the very deep sense of growing self .....*

*To be honest, a personal/spiritual development course can't get any better than this.*

### Be ColourWise

#### Essex

**BCW 3** - 16/17 January

#### Bedford

**BCW 3** - 30/31 January

Fees: £80 (carried over from last year)

Book directly with Mary using the booking form enclosed or call her on 01404 45262 or email [maryh2@btopenworld.com](mailto:maryh2@btopenworld.com)

In response to great demand, Mary is once more running her well-known course in colour, updated and re-vamped. Forget the standard text-book approach to colour - here's a downright exciting opportunity to work with and understand colour as you never have before!

Using innovative techniques developed by Mary over the last ten years, you'll learn not only traditional colour meanings, but also your own personal colour vocabulary and how you can use it to improve health, cultivate well-being and re-jig your environment.

Oh, and as a by-product of all this, your intuition improves as well!

So what are you waiting for? Sign up now!

*"Colour as I've never understood it before!"*

*"I have a whole new language of colour now ..."*

### Other workshops planned for later this year:

Awakening Creativity - Bedford

The Committee of Selves - Bedford

### And new workshops to commence later this year/early 2011:

Working with Ancient Chinese Wisdom in the I Ching  
Cycles of Celebration: Living More in tune with Nature's Rhythms

## And Introducing ...

### Energy Astrology

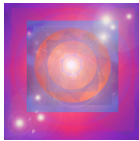
Devon

Venue to be advised

6/7 February

Fee £150

Please book for this via Mary  
Or via Brian's website  
[www.samarpan-alchemy.co.uk](http://www.samarpan-alchemy.co.uk)



Here are two people whose work I'm very happy to promote. Both unique, both very effective, both magical in the work they carry out.

I've known Brian for many years, and am delighted to see him now doing what I saw him doing all those years ago!

A Virgoan perfectionist, Brian is a gifted intuitive, healer and teacher. I'm certainly signing up for this fascinating course next February! I've been waiting to do it for ages.....

### Brian Parson's Energy Astrology An Introductory Course

Samarpan Alchemy offers Energy Astrology, a personal development course which is unique to Samarpan Alchemy, and which allows you to directly experience the energies of your natal chart.

The benefit this brings is that a student is able to directly and easily experience and feel for themselves how the energy of their different planets, signs, houses and aspects set-up in their psyche, both the energies which they feel at ease with and also those energies which they may find harder to acknowledge and own.

Once an individual can feel and accept a planetary energy, this can open a wonderful space for a shift in many areas of their life – relationships, abundance, health, work, spiritual growth, and creativity.

During these weekends, an individual will be able to experience these planetary energies even if they have no previous knowledge of astrology, for the energy transmissions in this course work on a level above and beyond the rational mind. The only real skill which is required is the ability to relax and feel energy (which is a skill innate to each one of us).

Energy Astrology is a course which is unique to Samarpan Alchemy, and is not currently available anywhere else.

This course is taught over 4 weekends, and each weekend will build on the one before, taking the student deeper into an experience of the energies of their natal astrological chart.

However, each individual is encouraged to proceed at their own pace, and after Weekend 1, the subsequent 3 Weekends are optional

*.If you are based in any other area and would like to have Brian run this course for you, contact Mary with your details*

[www.samarpan-alchemy.co.uk](http://www.samarpan-alchemy.co.uk)

## AND ALSO INTRODUCING .....

### SOUND HEALING WORKSHOP

Coburns Farm Devon  
1 May

10am - 5pm

Fee: £55

Book with Mary  
on 01404 45262  
or use the enclosed booking  
form



### KANTI SOUND HEALER

I'm more than happy to be introducing Kanti, whose astonishing abilities with Sound Healing I can vouch for personally.

I can't begin to describe the effects of this experience. All I know is that it lifts, heals, empowers, and that it helped me enormously when I was going through some difficult health and family issues last year.

As a result, I want the world to know more about Kanti and her work! So Kanti has agreed to run an experiential Sound Workshop here in Devon at the beginning of May 2010. The day will include a Gong bath, as well as chanting and breath work - ideal experiences for the season of Beltane!

Do come and meet this astonishing young woman who has so much to offer through her work.

#### PERSONAL SESSIONS - 2 May 2010

To further develop your unique experience with sound, Kanti is also offering 1 to 1 sessions on Sunday 2 May

Fee: - 45 minutes for £40

#### From Kanti's Brochure:

*Sound alters brainwaves and our consciousness and has been used throughout history and beyond by Shaman, Monks, Priests, Native Americans, Aborigines, the ancient Greeks, Romans, Egyptians alike. When we become 'ill' it is because our body has stopped resonating harmoniously ... by introducing resonant sounds to the body we can restore balance and harmony. This can be achieved in many ways, for example through the use of toning, chanting, singing, laughing, drumming, tuning forks and the gong.....*

*Gong healing ... is often referred to as a 'gong bath' or 'sound bath'. Different sensations may be felt in the body as the sound vibrations clear through the meridians/nadis or energy channels of the body, sometimes manifesting as twitching of body parts and this ... indicates that stuck energy is beginning to move once again. If nothing else you will feel deeply relaxed and 'at one' with everything after receiving a gong healing session.*

*Kanti is also a Yoga teacher and Reiki Practitioner*

[www.divine-harmony.co.uk](http://www.divine-harmony.co.uk)



**Reading Days.....Private consultations available, in person or by phone**

**An Interesting Fact ...**

*Someone ran some stats on me a while back and calculated that, with answering emails and phone calls and my work as a columnist for various magazines, as well as workshops and one to one consultations - I have some form of serious communication with over 19,000 people a year!*

*I don't have any clerical assistance - I've tried it over the years, and it just doesn't seem to work out, as most people seem to want to talk to me direct - so please bear with me if I don't return your call or email or letter immediately. I may be away or just not able to answer the phone due to volume of work. But I WILL get back to you!*

**Mentoring.....**

**FEES**

***Once again,  
I am not increasing  
my consultation fees  
for 2010***

***I will however charge  
at the full rate for  
missed appointments  
unless notified of  
the cancellation  
48 hours  
beforehand***

**Fees:**  
**£25 for 30 mins**  
**£40 for 45 mins**  
**£50 for 1 hour**

**Venues**

**Bedford** - Equilibrium  
(book with **Kanti** on **07837 186370**)

**Essex** - Kelvedon  
(book with **Sam** on **01376 571574**)

**Scotland** - St Andrews  
contact **Alison** on **01334 473297**

**Somerset** - Coburns Farm  
(book with **Mary** on **01404 45262**)

**Yorkshire**

The Annet, Oswaldkirk  
(book with **Mary** on **01404 45262**)  
Natural Balances, Kirkbymoorside  
(book with **Ali** on **01751 433180**)

.....Mentoring is a form of life coaching

Unlike counselling, it doesn't try to sort out the present by delving into the past. Rather, it deals very much with what's going on now for you and seeks to help you find your own goals and means of achieving them and to explore your own resources and find your own solutions.

Mary is also a qualified Business Coach and offers business mentoring

**Consultations are available in person or by phone**

**Mentoring Consultations**

**Fees: £25 for 30 mins £50 for 1 hour**

For further details, ring Mary on 01404 45262  
Or write to her at

**Stafford House**  
**Blackbrook Park Avenue**  
**Taunton TA1 2PX**

or email [maryh2@btopenworld.com](mailto:maryh2@btopenworld.com)

## Venues

### Somerset/Devon

Coburns Farm, Bishopswood, nr Chard, Somerset  
The Awareness Centre, Axminster

### Bedford

Equilibrium, Priory Street, Bedford  
Tofte Manor, Sharnbrook, nr Bedford

### Essex

Various, but around the Colchester area

### Scotland

St Andrews

### Yorkshire

The Annet, Oswaldkirk, Yorks  
Natural Balances, Kirkbymoorside

### Copyrighted Courses and Workshops run by Mary include

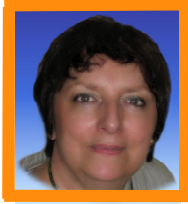
Ace of Dreams  
Awakening Creativity  
Awakening Intuition/TwentyFirst Century Intuition  
Be ColourWise and the Be Colourwise Cards  
The Committee of Selves  
Cycles of Celebration  
Diving for Pearls/Imagistix  
Entertaining Angels & How to do Angel Readings  
Exploring the Labyrinth  
Walking Your Inner Labyrinth (Inner Labyrinth concept)  
The House with Four Rooms (self-development course)  
Legend in Your Own Lifetime  
Living by Numbers  
Living with Angels  
Living by the Moon  
Manifestations/Energy Shaping  
MidWinter Solstice  
Taking the Terror out of Tarot  
Tree of Angels  
Pathworking  
FastTrak - setting up as a professional Intuitive  
Past Lives, Future Lives  
Learning from the Future  
Working with the I Ching

Designed and run by Mary over the last thirteen years,  
these courses and workshops have proved to be enduringly popular

More courses are being added all the time, and of course,  
DISTANCE LEARNING COURSES are also being added during 2010.

Check on [www.hykelhunt.co.uk](http://www.hykelhunt.co.uk) for further information  
or call Mary on 01404 45262

***Interested in any of the workshops, but they're not in your area?  
Get a minimum of 6 people together, plus yourself, and Mary will bring the workshop  
to you!\****  
***And the best bit is, you don't pay for your place! Mary offers you your place as a gift  
in  
return for bringing like-minded people together.  
\* Does depend on a suitable venue being available locally***



**Mary Hykel Hunt**  
**BA (Hons), Bsc (Hons)**  
**is a**  
**Personal Growth Consultant**  
**with a difference**

She combines cutting-edge psychological approaches with intuitive techniques to produce personal and professional development programmes and consultation/coaching sessions that are effective, creative and productive.

“Too often, we ‘live out of the attic of our minds’, says Mary  
”We settle for a life that’s less than it could be - and I’m not just talking materially. My mission is to help people live more successful lives by tapping into resources they don’t know they have “

A writer and regular broadcaster on BBC Radio, Mary runs an annual programme of workshops designed for the individual interested in personal growth, based on unusual but effective approaches. They’re also fun!

And this year, together with  
colleagues from the world of business, Mary is launching a new series of corporate programmes designed to help managers and executives find the innovative edge  
they need in these changing and challenging times

Contact Mary  
01404 45262  
email - [maryh2@btopenworld.com](mailto:maryh2@btopenworld.com)  
[www.hykelhunt.co.uk](http://www.hykelhunt.co.uk)

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